Name	

Great Things About Me		

Describe Yourself		
Likes	Dislikes	

Most Important To Me (Pets, People, Places,Hobbies, etc.)		
What Others Need To Know To Support Me Best		
Sometimes I Need Help With:		
I Do Not Like It When:		
When I Am Sad Please: Give Me Time/Space Talk With Me		
Allow Me To		
When I Am Angry Please: Give Me Time/Space Talk With Me		
Allow Me To		
I Learn Best When:		
Other:		

My Goals For The Future			
(Job, Where to Live, Things To Do, Friendships, Education, Transportation, etc.)			

Communication		
How Do You Communicate Best?	How Do You Communicate With	
	Your Friends?	
Verbally	Talking on the Phone	
Written	Texting	
Technology	Computer	
Gestures	In Person	